

APPENDIX A: Program Information

1. Name of program: Alateen
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Youth volunteer to attend _____

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|--|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: Volunteer to attend |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
 8. What is a "successful" completion? Youth participation _____

 9. Who decides success or removal from the EBP?
 - a. Name: Probation staff or program provider _____
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Program coordinator

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Completion of the program _____

14. Who provides supervision for the delivery and fidelity of the program? _____

Program coordinator

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Alcohol Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None
- What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up _____ Distribution of materials _____
Program scheduling _____ Class management _____

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHSA/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology _____ B.S. Criminal Justice Admin _____
M.A. Public Administration _____ B.S. Public Health _____

14. Who provides supervision for the delivery and fidelity of the program?

Quality Assurance Nurse Assurance Nurse _____

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Alcoholics Anonymous
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Youth volunteer to attend _____

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|--|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input type="checkbox"/> Other: <u>volunteer to attend</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? Youth participation _____

 9. Who decides success or removal from the EBP?
 - a. Name: probation staff or volunteer provider
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision _____

11. Who oversees directly the potential for abuse of power?

a. Name: probation staff

b. Title: CDPOI or CDPOII _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Volunteer coordinator

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Completed the program _____

14. Who provides supervision for the delivery and fidelity of the program? _____

Volunteer coordinator

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Alcohol and Other Drug Wellness
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Youth in various units(male) need substance Abuse services

- What are the eligibility requirements? Check all that apply.
- | | |
|---|--|
| <input checked="" type="checkbox"/> Age | <input checked="" type="checkbox"/> Charge Type/Severity |
| <input checked="" type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input checked="" type="checkbox"/> Diagnosis | <input type="checkbox"/> Other: _____ |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? Once all subjects (6-8) are covered. Relapse triggers individual sessions.

 9. Who decides success or removal from the EBP?
 - a. Name: Christopher Montoya
 - b. Title: Juvenile Recovery Specialist
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Training officer schedules sessions Group supervision when needed

11. Who oversees directly the potential for abuse of power?

a. Name: Christopher Montoya

b. Title: San Diego Youth Services Program Manager

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Certified JRS _____ CAADAC Certification _____

14. Who provides supervision for the delivery and fidelity of the program? _____

: Christopher Montoya, San Diego Youth Services Program Manager

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Book Club
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Youth in good standing in the unit are able to attend

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input checked="" type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input type="checkbox"/> Other: |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? Youth completes the program when released from KMJDF _____

 9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision. work closely with teachers and probation staff to deliver our program to each site to improve literacy level sand bring additional resources and volunteers.

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

14. Who provides supervision for the delivery and fidelity of the program? _____

Volunteer coordinator

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Curriculum-Based Motivation Group
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Curriculum-Based Motivation Group is based off of the conversational approach, Motivational Interviewing which is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).
4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Curriculum-based Motivation Group is a mandatory program for all youth committed to the Y.O.U. program.

- What are the eligibility requirements? Check all that apply.
 - Age
 - Gender
 - Diagnosis
 - Charge Type/Severity
 - Behavior
 - Other: Commit: YOU
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Curriculum-based Motivation Group consists of 5 topics, each of which is delivered during a 1 hour session once per week. Youth successfully complete the program once they have attended and participated in all 5 topics.
9. Who decides success or removal from the EBP?
- a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
- b. Title: Program Manager, Francisco Quinteros
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles? N/A
11. Who oversees directly the potential for abuse of power?
- a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
- b. Title: Program Manager, Francisco Quinteros
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
No specific training is required for counselor or therapists to successfully facilitate Curriculum-based Motivation Group. Adherence to the group manual is essential in fidelity of the program delivery.
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dautat, On-Site Licensed Clinician, Antoinette Montgomery
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Domestic Violence Prevention
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None
- What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up _____ Distribution of materials _____
Program scheduling _____ Class management _____

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHSA/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology _____ B.S. Criminal Justice Admin _____
M.A. Public Administration _____ B.S. Public Health _____

14. Who provides supervision for the delivery and fidelity of the program?

Quality Assurance Nurse Assurance Nurse _____

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Food Safety Education
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
All youth must attend _____
Must watch food handler video _____

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input type="checkbox"/> Other: Good personal hygiene |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? _____

 9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision _____
Setup and show video to youth _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

14. Who provides supervision for the delivery and fidelity of the program? _____

Kitchen supervisor Sergio Sanchez

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Healthy Relationships/ Parenting
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Curriculum is researched based and is facilitated with fidelity
4. What are the participation requirements?
Student must be in good standing in the unit
(no behavior concerns)
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: must volunteer to attend
5. Do some youth have leadership or authority over other youth in the program? Yes No
a. If yes, what control do they have over other youth? _____
6. Removal From Program
a. Why would a youth be demoted or removed from the program?
They no longer want to participate _____ If they put themselves or others in danger _____
b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? They participate in a minimum of eight classes, the class is 16 hours max.
9. Who decides success or removal from the EBP?
a. Name: Irene Dominguez, PCCI
b. Title: Clinical Counseling Intern
10. Are officers involved in all or part of the programming? Yes No
a. What are their specific roles?
Group supervision _____ Selecting youth for the program _____

11. Who oversees directly the potential for abuse of power?

a. Name: Stephen Greene

b. Title: Supervising Probation officer

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Certified facilitator in both the facilitated curriculums

14. Who provides supervision for the delivery and fidelity of the program? Irene Dominguez

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Hepatitis Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None
- What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up Distribution of materials
Program scheduling Class management

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHSA/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health

14. Who provides supervision for the delivery and fidelity of the program?

Quality Assurance Nurse Assurance Nurse

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: HIV/STDs
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
Anyone who qualifies for program according to facility

What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|--|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>anyone who qualifies for program according to facility</u> |

5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
If the group facilitator (usually myself) determines they are disrupting the group or the presentation.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Actively listening for the 2 hours without disrupting the class
9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?

11. Who oversees directly the potential for abuse of power?

a. Name: _____

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? San Ysidro Health Center & HHSA

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Must be eligible for employment at SYHC (pass background check), complete the initial PREA training and the monthly PREA trainings.

14. Who provides supervision for the delivery and fidelity of the program? Lucia Franco, Prevention & Testing Manager at SYHC

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Life Skills
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Life Skills is based off of best practices and is not evidenced based.
4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Life Skills is a mandatory program for all youth committed to the Y.O.U. program.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Commit: YOU
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? Life Skills consists of 16 topics, each of which is delivered during a 1 hour session once per week. Youth successfully complete the program once they have attended and participated in all 16 sessions.
9. Who decides success or removal from the EBP?
 - a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
 - b. Title: Program Manager, Francisco Quinteros
10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles? N/A

11. Who oversees directly the potential for abuse of power?

a. Name: Program Manager, Unit Supervisor, Facility Watch Commander

b. Title: Program Manager, Francisco Quinteros

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Second Chance

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

No specific training is required for counselor or therapists to successfully facilitate Life Skills. Adherence to the group manual is essential in providing best practices.

14. Who provides supervision for the delivery and fidelity of the program? _____

Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Literacy Program
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? The Literacy Program is not evidenced based.
4. What are the participation requirements?
Youth's literacy and comprehension skills are assessed upon commitment to the YOU unit. Passing grade includes receiving above an 80% on the TABE assessment. Those who score 80% or below receive literacy services for an hour a week until able to successfully re-test and obtain a passing score on the TABE.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Commit: YOU, Literacy Score on TABE assessment
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? The Literacy program requires youth to attend literacy services at least one hour per week. Youth are tested upon entry into the YOU unit and once they receive above an 80% on the TABE have successfully completed the literacy program. A certificate is awarded upon completion.
9. Who decides success or removal from the EBP?
 - a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
 - b. Title: Program Manager, Francisco Quinteros

10. Are officers involved in all or part of the programming? Yes No
a. What are their specific roles? N/A
11. Who oversees directly the potential for abuse of power?
a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
b. Title: Program Manager, Francisco Quinteros
12. Is the program contracted out? Yes No
a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Literacy Program is facilitated by the Reading Specialist.
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery
a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Literacy Thru Character
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
Must be in good standing in the unit
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: All youth attend
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Attending the weekly groups
9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision only _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? University of San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

All providers are college students

14. Who provides supervision for the delivery and fidelity of the program? _____

Maria Silva: Assistant Director for Community Engagement, University of San Diego

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Meditation Program
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A
4. What are the participation requirements?
All youth on units are offered the group.
Required to have a good behavior
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Live on Unit
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive Behavior

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? No completion- On going therapy group.
9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?

11. Who oversees directly the potential for abuse of power?

a. Name: N/A

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Group leaders are licensed clinicians _____

14. Who provides supervision for the delivery and fidelity of the program?

STAT Team Manager

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Mindfulness Program
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A
4. What are the participation requirements?
All youth on units are offered the group.
Required to have a good behavior
- What are the eligibility requirements? Check all that apply
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Live on Unit
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive Behavior
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? No completion- On going therapy group.
9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?

11. Who oversees directly the potential for abuse of power?

a. Name: N/A

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Group leaders are licensed clinicians _____

14. Who provides supervision for the delivery and fidelity of the program?

STAT Team Manager

Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Moral Recognition Therapy (MRT)
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Moral Reconation Therapy (MRT) is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).
4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. MRT is a mandatory program for all youth committed to the Y.O.U. program.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Commit: YOU
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? Youth who have successfully passed steps within the program (12 steps total) can vote on the successful completion or failing of steps for youth entering into the program and who are on lower level steps.
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? MRT consists of 12 steps, each requiring the youth to successfully pass the requirements of the step before advancing to the next. Youth participate in MRT program on a weekly basis for 1 hour per week inside the Alpha unit. Successful completion would consist of attending and participating in the group as required and successfully passing all 12 steps. Timing varies per youth.

9. Who decides success or removal from the EBP?
- a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
- b. Title: Program Manager, Francisco Quinteros
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles? MRT requires youth to complete community services hours outside of program time. Unit officers/staff can facilitate and supervise these community service hours and sign off on their successful completion.
11. Who oversees directly the potential for abuse of power?
- a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
- b. Title: Program Manager, Francisco Quinteros
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
In order to Facilitate MRT it is required counselors successfully attend and complete a four day training and receive certification.
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Movie Night
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
Youth must have good behavior / not on privilege suspension / youth has no removals from the Unit that week.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: _____
5. Do some youth have leadership or authority over other youth in the program? Yes No
a. If yes, what control do they have over other youth? _____

6. Removal From Program
a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? _____

9. Who decides success or removal from the EBP?
a. Name: _____
b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
a. What are their specific roles?
Group supervision _____
Setup and show video to youth _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

14. Who provides supervision for the delivery and fidelity of the program? _____

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: My Life My Choice
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
Youth that are in various units(females)are screened and are determined to complete the program

- What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: _____
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Inappropriate behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Complete 7 out of 10 sessions

9. Who decides success or removal from the EBP?
 - a. Name: Kristen Sadler, Jessica Simpson, and Kathy Spencer
 - b. Title :Juvenile Recovery Specialist, Corrections Coach
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision when needed Training Officers schedule the sessions

11. Who oversees directly the potential for abuse of power?

a. Name: Christopher Montoya

b. Title: San Diego Youth Services program Manager

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Behavioral Health

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

MFT or MSW interns and trainees

14. Who provides supervision for the delivery and fidelity of the program? _____

SDYS Program Manager Christopher Montoya

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Narcotics Anonymous
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Youth volunteer to attend _____

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Volunteer to attend</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? Youth participation _____

 9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision _____

11. Who oversees directly the potential for abuse of power?

a. Name: probation staff

b. Title :CDPOI or CDPOII

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? The volunteer coordinator

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

They have completed the program

14. Who provides supervision for the delivery and fidelity of the program? _____

The volunteer coordinator

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Nutrition Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None
- What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up Distribution of materials
Program scheduling Class management

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHSA/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health

14. Who provides supervision for the delivery and fidelity of the program? Quality Assurance Nurse Assurance Nurse

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Oral Health Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None

What are the eligibility requirements? Check all that apply

| | |
|-----------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Diagnosis |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Behavior | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up Distribution of materials

Program scheduling Class management

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHS/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology B.S. Criminal Justice Admin

M.A. Public Administration B.S. Public Health

14. Who provides supervision for the delivery and fidelity of the program?

Quality Assurance Nurse Assurance Nurse

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Pet Therapy
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
All youth participate unless they are a safety issue for others, or for the animals.

What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: None
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
If they create a safety or security issue. _____

 - b. Are coping skills taught to manage demotion or removal? Not during this program Yes No
 - c. _____
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? N/A This is an ongoing program
9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Provide for safety and security _____

11. Who oversees directly the potential for abuse of power?
- a. Name: Tyra Myles, GRF, Maritza Rodriguez 700 and Sean Scott 100
- b. Title: Unit Supervisors
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? _____
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
The San Diego Humane Society certifies the animals and their handlers for Pet Therapy
14. Who provides supervision for the delivery and fidelity of the program? N/A
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: PREA Standard 115.333 Resident education.
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Weekly attendance _____

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|--|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>All youth attend</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Inappropriate behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? Attendance/participation in the weekly program.
 9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Choose the youth education for the week Updating youth file with participation
Orchestrate the education with youth _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation Staff

b. Title: CDPOI or CDPOII

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

All staff who conduct programs have passed PREA training

14. Who provides supervision for the delivery and fidelity of the program? _____

The Ombudsman (SPO Sayasane

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Reading Legacies
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A
4. What are the participation requirements?
Youth that have younger siblings or younger family member are afforded the opportunity to participate in the program.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other:-Voluntary
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
A youth would be removed for inappropriate or violent behavior.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? This is a voluntary 1 time session with an option to repeat for youth that have younger siblings or children themselves.
9. Who decides success or removal from the EBP?
 - a. Name: Probation staff and Program provider
 - b. Title: Supervisors, CDPOIIs and CDPOIs and Reading Legacies trained volunteers
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation Staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Reading Legacies

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

There is no licensing or credentials, the facilitators are trained volunteers that have passed a background check to enter the facility.

14. Who provides supervision for the delivery and fidelity of the program? The President of Reading Legacies, CEO, Betty Mohlenbrock.

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Reproductive Health Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None
- What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up Distribution of materials
Program scheduling Class management

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHSA/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health

14. Who provides supervision for the delivery and fidelity of the program?

Quality Assurance Nurse Assurance Nurse

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Seeking Safety
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Seeking Safety is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Seeking Safety is a mandatory program for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
 Gender
 Diagnosis
 Charge Type/Severity
 Behavior
 Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Seeking Safety consists of 25 topics, each focusing on an effective coping skill. Youth participate in Seeking Safety program on a weekly

basis for 1 hour inside the Bravo unit. The group is an open format and has no end. Successful completion would consist of attending and participating in the group as required while housed inside the Bravo unit.

9. Who decides success or removal from the EBP?
- a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
- b. Title: Program Manager, Francisco Quinteros _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles? N/A
-
11. Who oversees directly the potential for abuse of power?
- a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
- b. Title: Program Manager, Francisco Quinteros _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
In order to Facilitate Seeking Safety it is required counselors successfully attend and complete a one day training.
-
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dautat, On-Site Licensed Clinician, Antoinette Montgomery
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: T-4 Target Trauma Affect Regulation: Guide for Education and Therapy
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? The curriculum is EBT based and followed up with quality assurance and fidelity monitoring.
4. What are the participation requirements?
Once eligibility is determined, youth are presented with a participation agreement, asking them to agree to participate
What are the eligibility requirements? Check all that apply.
 Age Other: Youth are screened for a history of trauma; also no psychotic or conduct disorders, developmental disabilities, UC status, sex offenses, actively self harming behavior, detoxing from AOD, or a release date in less than 2 weeks.
 Gender
 Diagnosis
 Charge Type/Severity
 Behavior
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Refusing to participate in the therapeutic process. Creating a safety or security issue on the unit.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? Complete a "round" of all four groups as defined by the curriculum
9. Who decides success or removal from the EBP?
 - a. Name: Multi Disciplinary Team
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Reinforce Skills taught in group

11. Who oversees directly the potential for abuse of power?
- a. Name: Sean Scott, MFT
- b. Title: Supervising Probation Officer
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? _____
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Bachelor's Degree or above with experience in providing group counseling.
14. Who provides supervision for the delivery and fidelity of the program? _____
Advanced Trauma Solutions is providing fidelity monitoring for a year, including certifying the group facilitators for the delivery of the therapeutic programming.
- a. Is that person on-site at the facility? Yes No
The fidelity monitor is not at the facility, however, the facilitator is video recorded during each group, and the video is sent to Advanced Trauma Solutions for review and fidelity monitoring.

APPENDIX A: Program Information

1. Name of program: TCU- Mapping Enhanced Counseling _____

2. Is this program evidence based? Yes No

3. If yes, how does your facility determine if a program is evidence based? TCU-Mapping Enhanced Counseling is used with each youth in individual counseling or small group sessions. TCU-Mapping Enhanced Counseling is listed in SAHMSA's National registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs and counseling sessions. TCU-Mapping Enhanced Counseling is a mandatory program requirement for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Upon commitment to the YOU program youth are assessed utilizing the TCU CEST/CTS. Scores from these assessments indicate areas of concern which will be addressed using TCU-Mapping Enhanced Counseling. Successful completion would require youth to complete all TCU-Mapping Enhanced Counseling Modules listed as required to address all areas of concern.
-
9. Who decides success or removal from the EBP?
- a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
- b. Title: Program Manager, Francisco Quinteros _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles? N/A
11. Who oversees directly the potential for abuse of power?
- a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
- b. Title: Program Manager, Francisco Quinteros _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
TCU- Mapping Enhanced Counseling does not require a specific training for counselors, however, adherence to the manuals and understanding of the interventions is essential.
-
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Tobacco Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Programs are offered to all youth

5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
- Safety issues _____
- Serious behavioral issues _____
- _____
- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
- a. Name: Presenter or Unit Officer
- b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
- Class room set-up _____ Distribution of materials _____
- Program scheduling _____ Class management _____
11. Who oversees directly the potential for abuse of power?
- a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)
- b. Title: _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? HHS/County of SD-Public Health Dept.
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
- PsyD in Psychology _____ B.S. Criminal Justice Admin _____
- M.A. Public Administration _____ B.S. Public Health _____
14. Who provides supervision for the delivery and fidelity of the program?
- Quality Assurance Nurse Assurance Nurse
- _____
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Treatment Readiness and Induction Program (TRIP)
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? TRIP is based off of the TCU mapping-Enhanced Counseling which is listed in SAHMSA's National Registry of Evidenced-based Practices and Program (NREPP).
4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. TRIP is a mandatory program for all youth committed to the Y.O.U. program.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Commit: Y.O.U.
5. Do some youth have leadership or authority over other youth in the program?
 Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm, given a warning card, and then if violate a group norm again are asked to leave the group session.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? TRIP consists of 8 modules and would require completion of all 8 modules for successful completion. The 8 modules can be completed within 8 weeks, 1 hour sessions per week.
9. Who decides success or removal from the EBP?
 - a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
 - b. Title: Program Manager: Francisco Quinteros

10. Are officers involved in all or part of the programming? Yes No
a. What are their specific roles? N/A
11. Who oversees directly the potential for abuse of power?
a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
b. Title: Program Manager: Francisco Quinteros
12. Is the program contracted out? Yes No
a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
The TRIP program can be facilitated by any counselor or therapist that has successfully been educated on TCU- Mapping Enhanced Counseling. No specific training is required for successful facilitation of the program. Adhering to the TRIP manual is essential .
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery
a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Tuberculosis Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None
- What are the eligibility requirements? Check all that apply.

| | |
|------------------------------------|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: <u>Programs are offered to all youth</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
 - a. Name: Presenter or Unit Officer
 - b. Title: _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles?

Class room set-up Distribution of materials

Program scheduling Class management

11. Who oversees directly the potential for abuse of power?

a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? HHSA/County of SD-Public Health Dept.

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

PsyD in Psychology B.S. Criminal Justice Admin

M.A. Public Administration B.S. Public Health

14. Who provides supervision for the delivery and fidelity of the program?

Quality Assurance Nurse Assurance Nurse

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Vocational Training Certification Courses (Southwestern College) __
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Vocational Education courses are not evidenced based.

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs and counseling sessions. Attending Southwestern College Vocational Education Courses is a mandatory program requirement for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?

Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? During the Southwestern College semester a series of vocational training courses are offered to all YOU youth in the program. Successful

completion of these course would require attendance and participation in the courses and for some courses(CPR/Food Handlers) a successful completion of an exam.

9. Who decides success or removal from the EBP?
- a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
- b. Title: Program Manager, Francisco Quinteros _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles? N/A
11. Who oversees directly the potential for abuse of power?
- a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
- b. Title: Program Manager, Francisco Quinteros _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Vocational Education Courses are provided by Southwestern College employed instructors.
-
14. Who provides supervision for the delivery and fidelity of the program? Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dautat, On-Site Licensed Clinician, Antoinette Montgomery
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Work Readiness _____
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Work Readiness is based off of best practices and is not evidenced based.

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Work Readiness is a mandatory program for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?

Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Work Readiness consists of 5 topics, each of which is delivered during a 1 hour session once per week. Youth successfully complete the

program once they have attended and participated in all 5 sessions. A certificate is issued once youth have successfully completed the program.

9. Who decides success or removal from the EBP?
- a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command
- b. Title: Program Manager, Francisco Quinteros _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles? N/A
11. Who oversees directly the potential for abuse of power?
- a. Name: Program Manager, Unit Supervisor, Facility Watch Commander
- b. Title: Program Manager, Francisco Quinteros _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? Second Chance
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
- No specific training is required for counselor or therapists to successfully facilitate Work Readiness. Adherence to the group manual is essential in providing best practices.
-
14. Who provides supervision for the delivery and fidelity of the program? _____
Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery
- a. Is that person on-site at the facility? Yes No