



SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO
Program Resource List - Mental Health Related

READ BEFORE USING PROGRAM RESOURCE LIST / LEA ANTES DE USAR LA LISTA DE RECURSOS DEL PROGRAMA

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Name of Provider	Business Name	Contact Information	Email	Website	Additional Info
Abelli, Griselda	LOW-INCOME PROGRAMS, LLC COURAGE 2 CHANGE, LLC.	P.O. Box 617, El Cajon, CA 92020 P.O. Box 767, Chula Vista, CA 91910 619-279-8379	courage2changellc@gmail.com	www.courage2change-llc.com	M.A. Psychology, Bilingual: English/Spanish, Serving South Bay and East County
Angelin, Keith, LAADC	Counseling & Assessment Services	900 N. Cleveland Street Oceanside, CA 92054 949-939-9222 / Fax: 866-929-6316	Keith4Counseling@gmail.com	www.InterventionRx.com	Will travel to you
Brager, Robert C., Psy.D.	Brager, Robert C., Psy.D.	2214 Fifth Avenue San Diego, CA 92101 619-871-7850	robbrager@aol.com		
Branch, Michael, MSW, LCSW	Front Line Counseling	941 Orange Ave, Suite 520 Coronado, CA 92118 619-549-7458	michael@frontlinecounseling.net	www.frontlinecounseling.net	
Cafferty, "Kansas" James	Cafferty Clinic	215 S. Coast Highway #205 Oceanside, CA 92056 760-517-6544	kansas@insightbythesea.com	www.insightbythesea.com	LMFT, MAC, CAMF, ICAP IV
Chee, Vivian	Vivian Chee	2741 Lemon Grove Avenue, Suite 105 Lemon Grove, CA 91945 619-335-3125	feechee@yahoo.com		
Chodzko, Evan	West Coast Recovery Centers	785 Grand Avenue, Suite 220 Carlsbad, CA 92008 855-927-2687 / Fax: 760-434-2238	evan@westrc.com	www.westcoastrecoverycenters.com	
Clancy, Kristina	Mindfully Here and Now	PO Box 712571 Santee, CA 92702 619-841-1428	kristinacancy@mindfullyhereandnow.com	www.mindfullyhereandnow.com	LMFT #119299
Clark, Aimee Le Zakreski	Caldwell-Clark Counseling	10951 Sorrento Valley Road, Suite 2G San Diego, CA 92121 760-803-3600	aimee@caldwell-clark.org	www.caldwell-clerk.org	
Dansky, Isabel	Committed 2 Health	125 N. Acacia Avenue Solana Beach, CA 92075 510-798-8081	isa.dansky@gmail.com	www.danskym7t.com	



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Dayan, Avital	Shalom Counseling	5161 Jamestown Road San Diego, CA 92117 619-677-7140	adavan2@hotmail.com		
Dean, Jonathan, Dr.	Motivation Specialist LLC.	P.O. Box 5143 Oceanside, CA 92082 760-672-2452 / 619-576-6690	motivationspecialistllc@gmail.com	www.motivation-specialist-llc.com	PsyD
Drecun, Dr. Aleksandra	Association for Compassionate Transformation	12526 High Bluff Drive, Suite 300 San Diego, CA 92130 858-792-3541 / Fax: 858-792-3542	Dr.Drecun@a4ct.com	www.a4ct.com	
Drummond, Gigi M.	C.R.A.M. Management	300 Carlsbad Village Drive 108a-378 Carlsbad, CA 92008 760-521-2685	qmariannad@gmail.com	www.carlsbadcram.com	
Ecki, Catherine M., LCSW	BH-SD Opco, LLC.	7050 Parkway Drive La Mesa, CA 91942 800-766-4274 / Fax: 619-667-6036	ceckl@apibhs.com	www.apibhs.com	
Espinoza, Maria, LMFT	Nvision Counseling & Family Therapy	7227 Broadway Street, Suite 203-B Lemon Grove, CA 91945 619-500-1135	mariaespinoza@yahoo.com		
Espinoza, Maria, LMFT	Nvision Counseling & Family Therapy	7227 Broadway Street, Suite 203-B Lemon Grove, CA 91945 619-500-1135	mariaespinoza@yahoo.com		
Griffin, Susan	Susan Griffin, LMFT #94717	9455 Farnham Street, #100 San Diego, CA 92123 858-225-7378	susan.griffin@gmx.com	www.susangriffinandiego.com	Substance Abuse Certificaton, Latino Family Therapy Certification
Haynes, Jaron, LMFT	JH Therapeutic	8619 Innsdale Lane San Diego, CA 92114 619-818-3956	JHTherapeutic@cox.net		
Himlin, Cathy, LMFT, LPCC	Family Connections Therapy, Inc.	11838 Bernardo Plaza Court, Suite 250 San Diego, CA 92128 858-776-8804 / Fax: 858-935-2085	cathy@familyconnectionstherapy.com	www.familyconnectionstherapy.com	



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Martin, Naomi C., LMFT	Trauma and Relationship Counseling Center Naomi C. Martin, Marriage and Family Counseling Inc.	380 S. Melrose Dr. #405 Vista, CA 92081 760-717-9405	naomimartin@traumarelationshipcounseling.com	www.traumarelationshipcounseling.com	
Martin, Walter Patrick, MA, LMFT	Family Counseling San Diego, COM	10650 Scripps Ranch Boulevard, Suite 200 San Diego, CA 92131 858-217-5770 / Fax: 619-924-9931	info@familycounselingsandiego.com	www.familycounselingsandiego.com	
McCann, Caitlin LCSW	Caitlin McCann, LCSW	979 Woodland Parway, STE 101-105 San Marcos, CA 92069 858-367-9987 / Fax: 858-367-9987	caitlinlcsw1@gmail.com	www.caitlinmccanntherapy.com	
McIntyre, Laurel	Santee Family Counseling Center	9905 Prospect Avenue Santee, CA 92071 619-449-9937 / Fax: 619-449-1401	santeefamilycc@gmail.com	www.santeefamilycc.com	
McShane, Ed LCSW	Ed McShane LCSW	315 E. Third Suite B Escondido, CA 92025 760-745-1947	ed.mcshane@gmail.com	www.acoachforyourheart.com	
Mims, Patricia	Soul Renewal Family Counseling, Inc.	7737 Pacific Avenue Lemon Grove, CA 91945 619-439-2499 / Fax: 619-439-2455	info@soulrenewalcounseling.com	www.soulrenewalcounseling.com	
Moneva, Susanna	Susanna Moneva, MFT	5252 Balboa Avenue, Suite 709 San Diego, CA 92117 619-786-7109	moneva@artofpsychotherapy.com	www.artofpsychotherapy.com	
Montoya, Anahi	Empowering Change	642 Palomar St. STE 406 #533 Chula Vista, CA 91911 619-394-8749	Empoweringchang3@gmail.com	Empoweringchang3.com	English, Spanish
Ogundeji, Abimbola PhD, MA, LMFT	Nile Sisters Development Initiative	4265 Fairmount Avenue, Suite 130 San Diego, CA 92105 619-265-2959	behavioral@nilesisters.org info@nilesisters.org	www.nilesisters.org	
Pizitz, Todd, PhD.	Pizitz, Todd, PhD.	440 S. Melrose Dr #250, Vista, CA 92081 760-842-1103 / Fax: 760-842-1173 2535 Camino Del Rio S. #106, SD, CA 92081 619-330-6003 / Fax: 619-564-6666	tpizitz@sbcglobal.net	www.toddpizitz.com	



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Pope, Aisha, LCSW	Roots & Wings Consulting	9541 Grossmont Summit Drive La Mesa, CA 91941 619-737-7721 / Fax: 619-741-3150	aisha@contactraw.com	www.rootsandwingsconsulting.com	
Reavis, James, A., PsyD. Reavis, Lydia	Reavis, James, A., PsyD. An Intrapsychic Clinic A Psychological Corporation	1333 Camino Del Rio S. #105 San Diego, CA 92108 619-234-7970 / Fax: 619-584-4829	reavis@jamesreavis.com	www.jamesreavis.com	
Rich, Kiefer, LMFT	Kiefer Rich	3636 5th Avenue, Suite 100 San Diego, CA 92103 619-752-4666 / Fax: 619-327-4110	kiefer@westcoastmft.com	www.westcoastmft.com	
Sarkhosh, Mitra, LMFT	Co-Parenting Made Easy KM Online Education	380 S. Melrose Drive #350 Vista, CA 92081 760-522-8899	MitraMFT@cox.net	www.CoParentingMadeEasy.com www.km-online-education.thinkific.com	English, Spanish
Shepersky, Ruth Shepersky, Joel (spanish) Singh, Angela Cabrero, Florencia (spanish)	A Center for Change/Family Solutions	2725 Congress Street, Suite E San Diego, CA 92110 619-299-7884 / Fax: 760-583-6698	acenterforchange@outlook.com		
Slover, Gretchen, Dr.	Broad Spectrum Gretchen Slover, Psy.D., LMFT	751 Rancheros Drive # 10, San Marcos, CA 92069 2333 First Avenue #102 San Diego, CA 92101 760-716-5576	drgretchenslover@gmail.com	www.drgretchenslover.com	Psy.D., LMFT CAPPSV
Snowdeal, Carol LCSW	Upward Counseling	6161 El Cajon Blvd, Suite B #223 San Diego, CA 92115 619-994-8010	upwardcounselinglcsww@gmail.com		Provider has 15 years experience
Stanton, Elizabeth	Dr. Elizabeth Stanton	3910 Chapman Street, Suite I San Diego, CA 92110 619-507-7329	DrElizabethStanton@gmail.com		Licensed Psychologist
Talhami, Azzam	Talhami Health and Wellness, INC. Palm Urgent Care and Mental Health	436 South Magnolia Avenue El Cajon, CA 92020 (619) 704-3229 / Fax: (619) 310-9709	azzam@palmurgentcare.com	https://www.palmurgentcare.com	
Tekerian, Larissa	Free Mind Therapy LLC	2108 N. St. STE N Sacramento, CA 95816 858-614-6114	larissatekerian@icloud.com	www.freemindtherapyllc.com	
Wagner, Kendall	Carlsbad Counseling Center Carlsbad Visitation Program	2777 Jefferson Street, Suite 200 Carlsbad, CA 92008 760-434-9694	KendallWagnerMFT@gmail.com		M.F.T., M.A.
Washington, Ky	New Concepts in Recovery	1625 Sweetwater Road, Suite C1 National City, CA 91950 619-829-7899	ky@newconceptsinrecovery.com	www.newconceptsinrecovery.com	LAADC, ICADC, CADCI, QSAP, A5030510
Williams, Lydia	Psychological Solutions	1223 Cleveland Ave. #200 San Diego, CA 92103 530-301-5043 / Fax: 858-939-1836	coolrun80@gmail.com	https://psychologicalsolutions.co	Psy.D
Zafar, Kamran	La Jolla Addicton Healing Center	7590 Fay Avenue, Suite 401 La Jolla, CA 92037 858-454-4357 / Fax: 858-291-8611	Kamran@lajollahealingcenter.com	www.lajollahealingcenter.com	